

**THE SPORTS MEDICINE SERVICE
DEPARTMENT OF ORTHOPEDIC SURGERY
RUSH UNIVERSITY MEDICAL CENTER
ANTERIOR CRUCIATE LIGAMENT DISCHARGE SUMMARY**

DATE OF INJURY _____

DATE OF SURGERY _____

INTERVAL TO SURGERY: _____

AFFECTED KNEE: L R

PRIOR CONTRALATERAL RECONSTRUCTION: Y N

HISTORY OF SIGNIFICANT INJURY

1. Mechanism of injury:

- valgus hyperflexion
- varus A-P blow on flexion
- external rotation unknown
- hyperextension other _____

2. Heard loud or audible "pop" during injury: No Yes

3. Previous treatment to significant injury:

- none crutches
- splint surgery
- cast other _____
- aspiration

4. Length of non-surgical treatment:

- less than 2 weeks
- 2 to 4 weeks
- 1 to 6 months
- 6 months to 1 year
- greater than 1 year

5. SPORT

- Skiing
- Football
- Basketball
- Soccer
- Volleyball
- Baseball
- Wrestling
- Rugby
- Field Hockey
- Ice Hockey
- Dance
- Martial Arts
- Other _____
- Workmans Comp

PREOPERATIVE CLINICAL EXAMINATION

6. Valgus:	0 degrees:	neg	+	++	+++	
		sharp end point		absent end point		
	flexion 30:	neg	+	++	+++	
		sharp end point		absent end point		
7. Varus:	0 degrees:	neg	+	++	+++	
		sharp end point		absent end point		
	flexion 30:	neg	+	++	+++	
		sharp end point		absent end point		
8. Anterior Drawer Sign at 90:		neg	+	++	+++	
		sharp end point		absent end point		
9. Posterior Drawer Sign at 90:		neg	+	++	+++	
		sharp end point		absent end point		

